# 2016 National Cyber Security Awareness Month

### Week 1 – Introduction - Intro to Cyber Security: Are you cyber aware?

#### Video:

* *STOP. THINK. CONNECT. Tips;* Stop.Think.Connect.: <https://www.stopthinkconnect.org/resources/preview/video-stop-think-connect-tips>

#### More information:

* *Higher Education*; National Cyber Security Alliance | StaySafeOnline.org: <https://staysafeonline.org/teach-online-safety/higher-education/>

### Week 2 - Password Education: Long and unique passwords are essential to keeping you safe online. How do you stay protected?

#### Video:

* How to Create a Strong Password; Safety in Canada: <https://www.youtube.com/watch?v=aEmF3Iylvr4>

#### More information:

* *Passwords & Securing Your Accounts*; National Cyber Security Alliance | StaySafeOnline.org: <https://staysafeonline.org/stay-safe-online/protect-your-personal-information/passwords-and-securing-your-accounts>
* *Tips for Strong, Secure Passwords & Other Authentication Tools;* ConnectSafely:
<http://www.connectsafely.org/tips-to-create-and-manage-strong-passwords/>

### Week 3 - Malicious Email: How do you spot phishers and potentially harmful emails?

#### Video:

* What is Phishing?*;* Safety in Canada: https://www.youtube.com/watch?v=9TRR6lHviQc

#### More information:

* *10 Tips to Prevent Phishing Attacks*; Panda Security Mediacenter: <http://www.pandasecurity.com/mediacenter/security/10-tips-prevent-phishing-attacks/>
* *Phishing Protection Tips - Helping you avoid becoming a victim of a scam*; IDT911: <http://idt911.com/KnowledgeCenter/ProtectYourself/TipDetail.aspx?a=%7B24E6E64F-47CD-439B-99E9-21D6686D99C9%7D>

### ▶Week 4 - Malware: How can you protect your computer from cyber criminals and malware?

#### Video:

* *Protect Your Computer from Malware;* Federal Trade Commission: <https://www.consumer.ftc.gov/media/video-0056-protect-your-computer-malware>

#### More information:

* *Protect Your Computer from Malware*; Federal Trade Commission – OnGuard Online.org: <https://www.consumer.ftc.gov/media/video-0056-protect-your-computer-malware>

### Week 5 - Social Media: How can I protect myself online?

#### Video:

* A Cyber Privacy Parable; NOVA PBS Official - YouTube: <https://www.youtube.com/watch?v=H0I7jQb37bo>

#### More information:

* *Social Networks*; National Cyber Security Alliance | StaySafeOnline.org: <https://staysafeonline.org/stay-safe-online/protect-your-personal-information/social-networks>