#### Golf team claims 10th National Title

Congratulations to the OSU men's golf team, coached by Mike McGraw, for winning the NCAA National Championship on Saturday with a 5 under 283 team total final round. It's the team's 10th National Title and first since 2000. The Cowboys were led in scoring by Jonathan Moore, who earned the individual championship at the event. Moore became the first OSU player to claim the individual medal since Charles Howell in 2000. For more, click here.

## Thanks to electrical crew for dedication this weekend

Our thanks to the crew of the electrical shop at the OSU Physical Plant, which put in many hours over the weekend to make certain that power was completely restored to five buildings on campus affected by an outage on Friday. Ultimately, the crew installed a temporary feeder to by-pass a trouble spot, which will be thoroughly addressed later. The by-pass allowed power to be restored to Ag Hall and the printing building just after 2 a.m. Saturday. Electricity was also restored to North and South Murray as well as Stout Hall a little after 5 a.m. Sunday.

# Survey aimed at improving leisure experiences in Stillwater

Leisure Studies faculty members at Oklahoma State University will conduct a survey in Stillwater this month to determine residents' preferences for specific leisure activities and the locations of those activities. Ultimately, the study hopes to learn the best ways agencies can work together to provide recreation opportunities to Stillwater citizens. If you are interested in participating, but do not receive a survey in your utility bill, you can go on-line to the City of Stillwater webpage at www.stillwater.org and click on the link titled "Parks and Agencies Usage Survey." Principal investigators on the project will be Drs. Lowell Caneday and Deb Jordan, professors in the Leisure Studies program in the OSU College of Education.

### OSU alum bucking the recruiting trend

A distinguished military graduate from OSU, Lieutenant Colonel Kent Rideout and his staff at San Diego State's Army ROTC program, are bucking the trend for signing new recruits. Rideout, professor of Military Science and director of San Diego State's Army ROTC program since 2005, oversees 72 student cadets – an increase of nearly 50 percent since he took over the program. He hopes to have 130 students by the end of 2006. Rideout attributes the positive results to recruitment events, and his own experience in Desert Storm, where he served as the tank battalion maintenance officer. For more, click here.

# Wellness tip: Don't cramp your training style

Do you experience stomach cramps during your workouts? Assess your exercise patterns. A study found that people who exercise consistently, instead of in a hit-or-miss pattern, have fewer gastrointestinal problems. Establishing a realistic, regular routine can reduce the risk of cramps. Wellness tips are brought to you by the OSU Seretean Wellness Center, dedicated to making OSU the Healthiest Campus in America. For more information about services for students, faculty and staff, call 744-WELL (9355).

## Calvin Anthony featured in Chamber newsletter

The newest member of the OSU/A&M Board of Regents, Calvin Anthony, came to OSU on a sports scholar-ship. Get a glimpse into Anthony's lifelong commitment to Stillwater and OSU by reading this month's Stillwater Chamber of Commerce newsletter. Go to www.stillwaterchamber.org .