OSU students set second world record

Congratulations to aerospace engineering undergraduates Dustin Gamble and Thomas Hays, who set a new world record for flight endurance for their remote-controlled experimental plane last Saturday. They flew their eight-foot "Dragonfly" for more than 12 hours to beat the old record (set by Switzerland) by almost two hours. This latest record-breaking performance comes just weeks after the OSU students set a new distance record for the same aircraft. Both of the new records have been observed by an official with the International Aeronautics Federation, which sanctions such flights. For more details, click here .

OSU survey: Even smokers generally favor restrictions

A recent survey by Oklahoma State University found an overwhelming majority of all Oklahomans support the 2003 state law limiting smoking inside most workplaces. Of the 800 Oklahomans surveyed, 84 percent favor the law prohibiting smoking in most public places and workplaces, including restaurants. Only 10 percent oppose the law. Fifty-seven percent of smokers in Oklahoma also say they support the regulations. The survey, conducted in May and June, was led by Dr. Josh Wiener, director of the Center for Social and Services Marketing in the Spears School of Business at OSU. For more details, click here.

Florida animal lover gifts \$1 million to OSU vet college

Former Florida resident Alice Levin, who had visited Oklahoma State University only once, left over \$1 million from her estate to ensure a positive future for the animals she loved following her death in 2005. Four advanced veterinary students honored in 2006 were named the first Levin Scholars after the woman who came across the website for the OSU Center for Veterinary Health Science while searching for a charitable way to benefit animals. Her gift provides both scholarships and small animal equipment for CVHS Veterinary Medical Teaching Hospital. For more information about making a gift to the OSU Center for Veterinary Health Sciences, please contact the CVHS development office at (405) 744-5630 or make a gift online at www.osuf.org .

"Recovery House" available to students

Help spread the word. OSU has established an on-campus housing area for students who are recovering from drug and/or alcohol dependence. The discreet Recovery House program is not a treatment program but it does provide programs and structure to support students in their efforts to live in a substance free environment. The housing area is open to all classifications and majors who have maintained sobriety for at least three months prior to moving in. A participation agreement is required that may include group or individual meetings and additional counseling as deemed necessary by the student or the staff. For more information, contact Residence Area Coordinator Sharon Stead at (405) 744-1545.

FREE skin cancer screenings

Due to the overwhelming response of the free skin cancer screening held last week, the Seretean Wellness Center will be offering free Skin Cancer Screenings during the months of July and August. The screening is available to anyone. If a spot of concern is found, the Employee Health Clinic will schedule a follow-up appointment (for OSU employees and spouses with Healthchoice insurance) or provide a referral to a dermatologist. To schedule an appointment for the free screening, please contact the Employee Health Clinic at 744.7556. Clinic hours are Monday through Friday, 8:30 a.m. – 3:30 p.m.

Take a TV tour of Farmer's Market this weekend

The OSU-OKC Downtown Farmers' Market will be featured on Discover Oklahoma this Saturday at 6:30 p.m. on KWTV-9.

Wellness tip: Snacking

Healthy snacking may help keep hunger at bay, preventing episodes of overeating at mealtimes. Snacking also helps to keep your blood sugar levels even. Opt for healthy snacks such as fruits, veggies, low/non-fat yogurt, pretzels without surface salt, or several cups of low/no-fat popcorn. Wellness tips are brought to you by the OSU Seretean Wellness Center, dedicated to making OSU the Healthiest Campus in America. For more information about services for students, faculty and staff, call 744-WELL (9355).