

November 20

#### Coach Smith among Oklahomans to be in Macy's parade

Oklahoma State head wrestling coach John Smith will be one of seven Oklahoma celebrities to represent Oklahoma in the Macy's Thanksgiving Day Parade in New York. The float is called "Oklahoma Rising" and Smith will be on it along with World Series hero Joe Carter, Olympic gymnasts Bart Conner and Nadia Comaneci, basketball great Wayman Tisdale, BMX legend Matt Hoffman and gospel singer Sandi Patty. Patty will be singing a song co-written by Oklahomans Jimmy Webb and Vince Gill. The float is part of Oklahoma's centennial celebration commemorating 100 years of statehood. Coach Smith won six consecutive world championships, including two Olympic gold medals. He has led his alma mater to the last four NCAA team titles.

#### Airport shuttles available pre-Thanksgiving

All OSU transit services and routes will be canceled on Thursday and Friday (Nov. 23 – 24) for Thanksgiving Break. This includes both THE BUS and the BOB services. BOB will have a shuttle running to the Tulsa International Airport twice daily through Wednesday, Nov. 22. The shuttle will depart the Stillwater OSU Campus at 7 a.m. and 5:30 p.m. and arrive at the Tulsa Airport at 9 a.m. and 7 p.m. All transit services, THE BUS and the BOB, will resume its normal operations on Monday, Nov. 27. For more information, contact Transit Services at 744-2832 or visit [www.transit.okstate.edu](http://www.transit.okstate.edu).

#### Informal lunch on environmental sustainability set for tomorrow

Sustainable Stillwater is teaming up with SES (Society of Environmental Scientists) to encourage OSU professors to converse and collaborate about sustainability in higher education. A first meeting, designed to get champions and advocates from across the campus (and across disciplines) together, is set for tomorrow (Tuesday, Nov. 21) from 11:30 a.m. – 1 p.m. at Taylor's dining room (informal, no host lunch). Taylor's is located in the Human Environmental Sciences building (west). The intent is to develop a quarterly lunch gathering that would help launch a greening of the campus and curriculum and identify parties interested in sustainability research. If you are interested, please respond to Jane Talkington (405) 714-1919 or [GreenQueen@hotmail.com](mailto:GreenQueen@hotmail.com).

#### This Friday at the fountain...

Join Cowboy and NFL legend Thurman Thomas and other true orange special guests on Friday, Nov. 24 at 9:30 p.m. on the South Library Plaza. Help them fire up the Cowboys to battle OU, watch season highlights on the Go-Vision screen, have some refreshments and cheer on the team.

#### Best-selling author to launch latest OSU business speaker series

Malcolm Gladwell kicks-off this year's Oklahoma State University business speaker series by interpreting and applying groundbreaking research for business on Tuesday, Dec. 5, at the Cox Business Center in Oklahoma City and Thursday, Dec. 7 at the Renaissance Tulsa Hotel. Gladwell, a staff writer for "The New Yorker" since 1996, has a gift for making research understandable and valuable for business and that's why his two books "The Tipping Point" and "Blink" are New York Times #1 bestsellers. For information about tickets, contact the OSU Center for Executive and Professional Development, toll free, at 1-866-678-3933 or e-mail [cepd@okstate.edu](mailto:cepd@okstate.edu). Online registration is available at [www.cepd.okstate.edu](http://www.cepd.okstate.edu).

#### Lecture speaker to focus on anti-cancer drugs and the heart

The Center for Veterinary Health Sciences will host Dr. Kendall B. Wallace on Thursday, Nov. 30, at 3:30 p.m. in the McElroy Hall Auditorium. He will present "Mitochondrial Cardiomyopathy and the Compensated Metabolic State" at the Sitlington Toxicology Lecture. Wallace is a professor of biochemistry and molecular biology at the University of Minnesota and currently serves as Director of the Toxicology Graduate Program. His research focuses on understanding adverse side effects of drugs including anti-cancer agents. The Sitlington Lecture in Toxicology is open to the public at no charge. McElroy Hall Auditorium is located at the corner of Farm Road and McFarland on the Stillwater campus. For more information, please call (405) 744-6257.

### Chili pays off for United Way

The College of Education served more than 90 people at their chili and soup cook-off event, raising \$340 for United Way. Winners for the chili and soup cook off were RuthAnn Sirbaugh, soup, and Susan Willoughby, chili. Judges for the event, wearing tall white chef hats, were Drs. John Romans, Jim Halligan, Pamela Fry, and Chris Ormsbee.

### Cowboy Angel Tree program underway

The OSU Non-Traditional Student Organization kicked off its annual Cowboy Angel Tree program last Friday in the Student Union Atrium in hopes of helping more than 400 needy youngsters get their wish for a Christmas gift this year. You can participate by picking an “angel” from the tree and purchasing the items that you want to give that are listed on the angel. You return the items unwrapped to Campus Life office at 060 Student Union before 4 p.m. on Friday, Dec. 1, so they can be delivered in time for Christmas. If you are unable to get an angel, or just want to make a contribution, NTSO will accept cash donations or gift cards from local stores. Have a question? Contact Marie Basler at (405) 744-5488 or e-mail [marie.basler@okstate.edu](mailto:marie.basler@okstate.edu).

### BEAT OU! T-shirts on sale through Wednesday

Delta Sigma Pi Professional Business Fraternity is selling “BEAT OU!” T-shirts at Chi-O clock for \$10 all through Wednesday, Nov. 22, from 9 a.m. – 3 p.m. Support the team on Bedlam Saturday with this high quality T-shirt, while helping to fund business fraternity projects. To take a look at this cotton tee [click here](#).

### Mark calendars now for the SHS Symphony Orchestra

The Stillwater High School Symphony Orchestra, led by OSU alum Scott Jackson, will perform a Holiday Concert at the OSU Seretean Center on Sunday, Dec. 17, starting at 7 p.m. The orchestra is working to earn its way to Carnegie Hall to participate in the National Band and Orchestra Festival there next April. It is actively seeking to earn money for the trip by making ensembles available to play for local gatherings, everything from business meetings to weddings and private parties to church and holiday events. Contact Scott Jackson for more information at (405) 707-5385.

### Forget lines and doorbuster sales

Shop your Orange Connection Alumni Store 24/7 for great OSU merchandise at great holiday prices. Pistol Pete ornaments are \$3 and the perfect stocking stuffer, or order that special someone an annual alumni tie or scarf. You can even pick them up at the Alumni Center! Great deals and no lines ... What more could a Cowboy fan want? Visit [www.orangeconnection.com](http://www.orangeconnection.com) today.

### Looking for information on turkey preparation, etc...?

OSU Environmental Health and Safety has a page full of great links that cover information to help you have a safe and happy holiday. [Click here](http://www.pp.okstate.edu/ehs/LINKS/holiday.htm) or go to <http://www.pp.okstate.edu/ehs/LINKS/holiday.htm>.

### Flu shots available at the Seretean Wellness Center

A limited number of flu shots are now available at the Employee Health Clinic at the Seretean Wellness Center. If you would like to receive a flu shot, please call Jenyle at (405) 744-7556 to schedule an appointment or to get a question answered. Cost of the flu shot is \$20. If you have HealthChoice insurance, please bring your card and a claim will be filed with the insurance company for you.

### Wellness tip: Beating nausea

Ever get a queasy stomach? When feeling nauseous try the following tips: Sip on clear liquids including broths at room temperature and clear carbonated drinks. Try cold foods, including crackers (aromas from hot foods may aggravate nausea). Avoid sweet, greasy or fatty solid foods and warm beverages. Wellness tips are brought to you by the OSU Seretean Wellness Center, dedicated to making OSU the Healthiest Campus in America. For more information about services for students, faculty and staff, call 744-WELL (9355).