This year's "Student Employee" winner is...

This year's Student Employee of the Year" award winner is Janet Spittles, a secondary education senior. Janet has worked in the OSU Band Office for three years as a workstudy office assistant. She was nominated for this award by Dr. Brad Snow and Melissa Powers for her hard work and dedication. Janet will now represent OSU in the regional competition hosted by the Southern Association of Student Employment Administrators. The other four finalists chosen were Aimee Barrett, Kendall Blakemore, Lin Koh and Erin Price. All of the nominees will be recognized at a reception in their honor during Student Employee Appreciation Week, April 8-14, hosted by the OSU Offices of Scholarships and Financial Aid and Career Services. For more information, contact James Rupp at (405) 744-7056.

Help send Cowboys off in style

Cowboy basketball fans are invited to send off the men's team to the Big 12 Tournament in Oklahoma City. The team will leave tomorrow (Wednesday, March 7) at 1 p.m. Fans should gather outside the northwest entrance of Gallagher-Iba Arena (near the Pistol Pete statue) at 12:45 p.m. to cheer for the Cowboys as they board the Big Orange Bus for Oklahoma City. Show up, wear your orange and be loud!

A "senior" sportswriter at the age of 30, on campus tonight OSU's Society of Professional Journalists is pleased to feature award-winning sportswriter Wright Thompson at 6:30 tonight (Tuesday, March 6) in 101 Paul Miller. After spending several years at The Kansas City Star, Thompson became a senior writer for ESPN.com and ESPN The Magazine last year. Despite being only 30-years-old, he is known as one of the best sportswriters in the country. Come hear his story. Anyone is welcome, and refreshments will be served.

New Music Ensemble in concert tonight

OSU's Frontiers New Music Ensemble will present a concert tonight (Tuesday, March 6) at 8 in the Concert Hall of the Seretean Center for the Performing Arts on the OSU campus. The program includes Rain Tree Sketch I and II by Toru Takemitsu and Pierrot Lunaire by Arnold Schoenberg, as well as the world premier of two works by OSU student composers: 18 by Nathan Jones and The Lepidopterans by Joseph Cooper. All works will be accompanied by multimedia presentations ranging from film to poetry readings. Made up of music faculty and students, the ensemble was founded in 2005 and is committed to performing concern music composed in the last 100 years. General admission is \$7. Students and senior citizens get in for \$5. For more information, please contact the OSU Department of Music at (405) 744-6133.

Vision evaluation on tap for pet care tonight

"Do You See What I See?" is the topic of tonight's Pet Care Seminar set for 7 p.m. in McElroy Hall Auditorium. Dr. Mike Finn, clinical assistant professor in ophthalmology, will provide information on vision evaluation of dogs, if dogs see in color or only black and white, and how we know. He will also perform an eye examination on Trevor, a

golden retriever. The event is free and open to the public.

Body armor lecture tomorrow

Dr. Donna Branson will discuss "Protective Clothing Research: Body Armor" tomorrow (Wednesday, March 7) at 3:30 p.m. in room 102 at the Advanced Technology Research Center at OSU in Stillwater. Branson, Regents Professor and director of the OSU Institute for Protective Apparel, will talk about the collaborative research and innovative work involved to design body armor to protect U.S. soldiers against injuries to arms and legs. Branson is the recent recipient of the prestigious Homeland Security award and internationally recognized apparel researcher and educator on protective apparel for military and emergency responders. The lecture is sponsored by OSU Regents Professors.

Oklahoma Centennial style show set for Old Central

The Oklahoma Historical Society and SUAB will host a 1907 Centennial clothing seminar and style show on Thursday, March 8, from 5:30 - 7 p.m. at Old Central on the OSU campus in Stillwater. Come and see the styles that men, women and children wore in 1907. Learn what fabrics were available, what was fashionable, and where to get patterns to make your own and join in Oklahoma Centennial events and celebrations this year.

Let's talk about "Arabian Jazz" tonight

Join the discussion as featured scholar Dr. Jennifer Kidney offers an in-depth look at "Arabian Jazz" by Diana Abu-Jaber tonight (Tuesday, March 6) from 6:30 to 8:30 p.m. in room 309 of the Stillwater Public Library. This is the fifth installment in the spring "Let's Talk About It, Oklahoma" reading discussion program sponsored by the Friends of the OSU Library and Stillwater Public Library. Stop by the Public Library for a copy of the book and theme materials. Funding for the program is provided by a grant from the Oklahoma Humanities Council and the National Endowment for the Humanities. For more information, call (405) 744-7331.

Drug, alcohol, tobacco use survey set for parents meeting

The OSU Parents Association will hear from David Hargrove from Stillwater High School on the results of an Oklahoma Prevention Needs survey on Thursday, March 8, at 10:30 a.m. in Room 250, Student Union. The survey, given to students in grades 6 through 12, covered alcohol, drugs, gambling, and tobacco use. Its results allow Stillwater students to be compared to the rest of the state. The public is welcome to attend.

Man credited with blueprint for invisibility cloak speaks Friday

Sir John Pendry, one of the world's leading physicists, will speak about his work in the development of a cloaking device on Friday, March 9, at 7 p.m. in the ConocoPhillips Alumni Center. A small prototype of the invisibility cloak was recently built and demonstrated in America by a team of Pendry's colleagues from the U.S. and Great Britain. New materials that can grab electromagnetic radiation and smoothly deflect it around an object are expected to help scientists ultimately succeed in making objects or people invisible. Pendry's visit is sponsored by the DaVinci Institute, a unique private

partnership of leaders in higher education across the state of Oklahoma who seek to promote the arts, sciences, humanities and education in Oklahoma as they undergo transformations in the 21st Century.

Ethics for home health care

Join Drs. David Ingram and Jennifer Parks from Loyola University for a presentation titled "Feminine Faces of Moral Responsibility: Ethical and Social Justice Issues in Home Health Care," on Friday, March 9, from 3:30-5 p.m. in Case Study One (fourth floor) at the Student Union. Ingram and Parks will also present a panel and workshop the next day from 10 a.m. – 3 p.m. in North Hall 140 at OSU-Tulsa. The panel and workshop format will allow Ingram and Parks to guide participants in the analysis of social, political, economic and ethical issues in the delivery of home health care and in applications to professional practice. Their visit is sponsored by the OSU Ethics Center and the Norris Foundation.

Free Turkish classes are offered at Family Resource Center Turkish is being spoken by over 200 million people in 10 countries. Free Turkish classes are taught at OSU Family Resource Center (located at Walnut & McElroy) on Mondays from 3:30 p.m. to 5 p.m. Classes are at the introductory level and in a friendly environment. Course materials are provided for free.

Avoid computer complications of upcoming time change

Due to an act of Congress, daylight savings time will start three weeks earlier (March 11) and end one week later (Nov. 4) this year. This change will affect software applications that use scheduling, calendar, date and time calculations. This includes all of the Microsoft products listed below.

- Microsoft Windows
- Microsoft Windows SharePoint Services
- Microsoft Exchange Server
- Microsoft Office Outlook
- Microsoft Office Live Meeting
- Microsoft Dynamics CRM
- Microsoft SQL Server Notification Services
- Microsoft Entourage

If you use any of these products, please visit the Helpdesk Resource Center at https://it.sharepoint.okstate.edu/TechnologySupport/ResourceCenters/oc/DST for information about available software patches and updates.

New scholarship competition

The Center for Africana Studies and Development in association with the Wesley Foundation is pleased to announce its inaugural Scholarship Competition. Applicants are required to write an essay about the continent of Africa. All topics are relevant but must fit within the African week theme: "Africa – Unity in Diversity." Applicants are required to submit a hard copy and electronic version by Friday, March 9 (before 4 p.m. central time) to: Oklahoma State University, Center for Africana Studies and Development, 204 Wes Watkins Center, Stillwater, OK 74078.

OSU Allied Arts to present flamenco guitarist

The man known as an American master of the flamenco guitar, Ronald Radford, will celebrate Oklahoma's heritage and showcase his extensive musical talents on Friday, March 9, starting at 8 p.m. in the Student Union Theater. Tickets for Radford's performance are \$7 for OSU students and children under 12, and \$13 for all others. For more information, phone (405) 744-7509. For tickets, (405) 744-7400.

OSU Seretean Wellness Center – physical exams for just \$25

If you're an OSU employee with HealthChoice Insurance, the Employee Health Clinic is offering a complete physical exam, including a Chem-25 blood test, for just \$25. All physicals are conducted by Dr. Sam Earnest, internal medicine physician and Employee Health Clinic medical director. To take advantage of this offer, please call (405) 744-7556 to schedule an appointment.

Cooking Demonstration Series

The OSU Seretean Wellness Center will kick off the Spring 2007 Cooking Demonstration Series with "Eclectic Cooking" on Friday, March 9, from 11:30 a.m. – 1 p.m. The menu includes spinach and arugula salad with ginger vinaigrette, asparagus soup, chicken and quinoa casserole, apple upside down cake. A vegetarian menu option is also available. Cost to attend is \$25 per person and includes the demonstration, recipes, and lunch. To register, please contact Elizabeth Lohrman, (405) 744-6927 or ej.lohrman@okstate.edu.

Wellness tip: Keeping a fitness journal

Do you want to focus on fitness? Our fitness experts recommend keeping a fitness journal. Journaling helps you set and record fitness goals, track your progress, enjoy your successes, and stay motivated. A fitness journal also helps you to reassess how well your fitness routines are working for you. Wellness tips are brought to you by the OSU Seretean Wellness Center, dedicated to making OSU the Healthiest Campus in America. For more information about services for students, faculty and staff, call 744-WELL (9355)