

### **Gill announces upcoming retirement**

Jerry Gill, president and CEO of the Oklahoma State University Alumni Association, has announced that he will retire on July 1 of next year after more than 22 years as the association's chief executive officer and 34 years of service to OSU. OSU System CEO and President David Schmidly said, "We appreciate Jerry's contributions to Oklahoma State University and his outstanding leadership during a time of historic growth at the Alumni Association. We wish Jerry and his family all the best and know he will continue to make an impact at OSU." Gill, a three-year starter for the Cowboy football team, earned his bachelor's, master's and doctorate degrees in history from OSU. For more information, click here <[http://osu.okstate.edu/index.php?option=com\\_content&task=view&id=404&Itemid=90](http://osu.okstate.edu/index.php?option=com_content&task=view&id=404&Itemid=90)> .

### **2006 Alumni Association Distinguished Alumni**

You've invited to join the alumni association on Saturday, Sept. 16, as it honors its 2006 Distinguished Alumni during a public reception from 2:30 p.m.- 4 p.m. in the ConocoPhillips OSU Alumni Center. The Distinguished Alumni Award recognizes alumni who attain distinctive success in their chosen field or profession, perform outstanding service to their community or both.

The 2006 honorees are:

Malinda Berry Fischer graduated in 1960 with a B.S. in secondary education, English.

Dr. B. Curtis Hamm graduated in 1955 with a B.S. in business and public administration and in 1962 earned his masters in business administration.

The Honorable Frank Lucas graduated in 1982 with a B.S. in agricultural economics.

Matthew W. Mungle attended in 1975-1977; while at OSU he focused his studies in the theatre arts department and worked with props and make-up for various productions.

Dr. Barry Pollard graduated in 1973 with a B.S. in biochemistry.

Dr. James Means graduated in 1958 with a doctoral degree of education in mathematics.

For more information about this years honorees, click here <<http://www.orangeconnection.org/ng/AlumniAwardsRecognition/DistinguishedAlumni2006/tabid/4988/Default.aspx>> .

### **Chow Down for charity (and shop too) today**

Starting at 4 p.m. today, 30 Stillwater restaurants and 12 downtown stores will donate 10 percent of their proceeds to charity as they participate in Orange Peel's Helping Hands project. All you have to do to ensure their success is to eat or shop at one of the establishments listed at the following website: [http://osunet.okstate.edu/orangepeel/helping\\_hand\\_project.asp](http://osunet.okstate.edu/orangepeel/helping_hand_project.asp). This year, the money raised will go to St. Jude Children's Research Hospital in Memphis.

### **OSU celebrates 'Dad's Day' this weekend**

OSU's annual celebration of Dad's Day will be this Saturday from 3 p.m. to 6 p.m. The tailgate event, located on the corner of Hester and Athletic Avenue, will feature free hamburgers, hot dogs, drinks, and giveaways. All dads present will be entered into a raffle and prizes will be given to the dad who traveled the farthest and to the dad who has attended to the most Dad's days. Prizes include a basketball signed by members of the OSU basketball team, a golf hat signed by the NCAA Champion OSU Golf team, and more.

### **TIAA-CREF Seminar: Planning for Retirement and Other Goals**

Plan to join a special TIAA-CREF seminar Tuesday, Sept. 19 from 10 – 11 a.m. at 106 B Whitehurst to review the product features and benefit options that are available with TIAA-CREF to fund both basic and supplemental retirement plans. Questions? Call Employee Services, (405) 744-5449.

### **"Arab lens" series kicks off Tuesday**

The OSU School of International Studies and the Department of History are sponsoring "Through an Arab Lens," a documentary and film series about the Middle East. The series will start with the action film *Wolves Don't Eat Meat* on Tuesday, Sept. 19 at 6:30 p.m. in the Wes Watkins Center Auditorium. Doors open at 5:45

p.m. The event is free, open to the public, and includes free popcorn. The film is an Egyptian thriller about a wounded assassin named Anwar, who tells the details of his sickening descent from ambitious journalist to professional killer. A message film about good vs. evil and the negative effects of violence, *Wolves Don't Eat Meat*. (1973, Arabic with English subtitles).

### **Walk 'n Wag coming for Humane Society**

Walk your dog on Saturday, Sept. 30, at Boomer Lake and help raise funds for the Humane Society of Stillwater. Participants raising \$25 in donations may be eligible for an official "Walk 'n Wag," t-shirt. If you don't collect donations, you can pay a \$25 registration fee to join the walk. It's a great way to exercise your pet and help raise money to support the dogs and cats at the shelter. Go to [www.hspets.org](http://www.hspets.org) to get a registration form or contact the Humane Society for a location to pick one up at (405) 377-1701.

### **Meeting Market next week**

The Stillwater Convention & Visitors Bureau will host the second annual Stillwater Meeting Market, from 10 a.m. – 2 p.m., Thursday, Sept. 21, at the Payne County Expo Center. Local hospitality industry representatives will be on hand to answer questions for those who are planning events in Stillwater. Admission is free. Door prizes will be awarded every half hour with a grand prize finale drawing. There will be educational sessions from industry professionals and more than 50 exhibitors from OSU and throughout the community. For more information, call the Stillwater Convention & Visitors Bureau at 405-743-3697 or visit [www.market.visitstillwater.org](http://www.market.visitstillwater.org) <<http://www.market.visitstillwater.org/>> .

### **Twenty-five ways to live forever (or at least a little longer!)**

Join Shirley Inglis, RN, MS, will discuss simple but effective strategies for living a healthier, happier, and longer life during Wellness Wednesday, Sept. 20 in the Seretean Wellness Center. A free, heart-healthy lunch will be provided, but you must register by Friday, Sept. 15. To register, email Kendria Cost at [kendria.cost@okstate.edu](mailto:kendria.cost@okstate.edu) or contact the Seretean Wellness Center, 744-WELL (9355).

### **Wellness tip: The stress-exercise connection**

Psychological stress can disrupt concentration, increase muscle tension, impede athletic performance and increase the risk of injury. If you are especially prone to injuries, examine your life. Do you have a hectic schedule, a new job or new duties? Anything you can do to reduce stress may prove helpful. Wellness tips are brought to you by the OSU Seretean Wellness Center, dedicated to making OSU the Healthiest Campus in America. For more information about services for students, faculty and staff, call 744-WELL (9355).

